



RESOURCES

2-1-1 VIRGINIA provides information and referral for:

- BASIC HUMAN NEEDS:
 - Food banks, shelters, rent, or utility assistance
 - Physical and mental health resources
- WORK INITIATIVES:
 - Job training, English as a second language classes, GED preparation, financial, and transportation assistance
- SUPPORT FOR SENIORS AND THOSE WITH DISABILITIES:
 - Adult daycare, meals at home, respite care, home healthcare
- SUPPORT FOR CHILDREN, YOUTH, AND FAMILIES:
 - After-school programs, tutoring, mentorship programs, counseling, child care centers
- VOLUNTEERING IN YOUR COMMUNITY:
 - Mentorship opportunities, locations to donate food, clothing, furniture, computers, or other items
- DISASTER SUPPORT SERVICES:
 - Up-to-date information on community and regional response, volunteer and donation coordination, crisis intervention, and human service coordination

How to Reach 2-1-1 VIRGINIA

- Dial: 211
- Visit: 211virginia.org



Virginia

